



FOUNDATION STONES, INC.

PROGRAMS for GROUP TRAININGS, WORKSHOPS & SEMINARS

LEADERSHIP & CHARACTER DEVELOPMENT PROGRAM

Collaborate with Virginia Colleges to train on:

- Develop Work Ethic
- Develop Values
- Develop Honesty
- Develop Partnerships
- Develop Teamwork
- Develop Trust
- Develop Commitment
- Develop Perseverance

"GOOD" STUDY SKILLS TIPS GROUP TRAINING

Training by experienced local Educators on:

- Tips to study by subject with a strategy & purpose
- Tips to quickly organize projects, reports, etc.
- Tips on test taking strategies (SOL, SAT, etc.)
- Tips to gain the teacher's confidence
- Tips on quick & easy note taking
- Tips to balance school, sports & social life
- Tips on the benefits of study groups

MONEY AND CREDIT MANAGEMENT GROUP TRAINING

Training by bankers, CPA, financial advisor partners on:

- How to develop a reasonable budget and stick to it
- How to save money without suffering
- How and why open a checking account
- How to order a credit report
- How to read and repair a credit report
- How credit is used in transactions of life

COMMUNITY CITIZENSHIP PROGRAM

Training by community elders on:

- Benefits of volunteering
- Benefits of networking
- Benefits of community activism
- Benefits of following the law
- Benefits of joining a church
- Benefits of being a good neighbor

Additional Trainings include:

- Nurturing Parenting Skills
- Anger Management
- Peer and Self-Esteem
- And More!

FSI

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