



# FOUNDATION STONES, INC.

## MENTAL HEALTH

is the psychological well-being and satisfactory adjustment to society and to the ordinary demands of life.

## MENTAL ILLNESS

is any of various disorders characterized chiefly by abnormal behavior or an inability to function socially, including diseases of the mind and personality and certain diseases of the brain. Also called mental disease/disorder.

## MENTAL HEALTH SOLUTIONS

### MENTAL HEALTH SUPPORT SERVICES

provide direct rehabilitation and support to individuals in the community with the intention of supporting the individual to maintain stable community living, and prevent intensifying of mental illness and admission to higher levels of care.

## SERVICES MAY BE RIGHT FOR CLIENTS WHO

demonstrate mental, behavioral, or emotional illness that results in significant breakdowns in major life activities.



have problems with relationships such that the client is at risk of hospitalization, homelessness, or isolated from social supports.

display inappropriate behavior that requires interference by professionals in mental health, social services, or the judicial system.



show lack of problem solving skills and show that they are unable to recognize personal danger or recognize significantly inappropriate social behavior.



require help in basic living skills, such as maintaining personal hygiene, preparing food and maintain adequate nutrition, or managing finances to such a degree that health or safety is jeopardized.

### **FSI**

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